



FIGHT THE BITE!!!

PROTECT YOURSELF AND YOUR FAMILY FROM MOSQUITOES

THE FACTS:

- MOSQUITOES CAN SPREAD DISEASE
- MOSQUITOES ARE MOST ACTIVE BETWEEN DUSK AND DAWN
- USE INSECT REPELLANT CONTAINING DEET, PERMETHRIN, PICARDIN, OR OIL OF LEMON EUCALYPTUS
- WEARING LONG PANTS AND LONG SLEEVES WHEN OUTDOORS DURING PEAK MOSQUITO TIMES CAN HELP PROTECT AGAINST MOSQUITO BITES

AT HOME:

- REMOVE STANDING WATER FROM YOUR YARD
- INSTALL SCREENS IN DOORS AND WINDOWS
- CHECK EXISTING SCREENS FOR HOLES, AND REPAIR OR REPLACE

FOR QUESTIONS PLEASE VISIT:

[HTTP://REGION4B.ORG/SPOTLIGHT_EEE.ASPX](http://region4b.org/spotlight_eee.aspx)

OR CALL: (781) 426-8611

