

## HANOVER COUNCIL ON AGING

### Minutes of the Regular Advisory Board Meeting March 13, 2017

The Regular Meeting of the Hanover C.O.A. Advisory Board (Board) was held on Monday, March 13, 2017 at the Hanover Senior Center. The meeting was called to order by Donald Buckley at 9:10AM. Five members were present: Donald Buckley, Claire Flynn, Eleanor Kimball, Roger Leslie and Carol Mattes. Richard Farwell was absent. Additional attendees were Anthony Marino, Assistant Town Manager and Community Services Director, Robyn Mitton, Hanover Elder Services Director and Nancy Lester, administrative assistant at the Hanover Senior Center.

The minutes from the January 9, 2017 Regular Meeting were accepted.

#### Old Business

- 1) There was a detailed discussion of the four page Strategic Plan prepared by consultant Cheryl Bryan. This discussion included items of interest which were not in the prepared plan such as facilities needs. Robyn also described the current efforts to implement some of plan suggestions such as marketing (including a new logo), website improvement and new brochures

#### New Business

- 1) Activities for March include a presentation on healthy eating and the Mediterranean Diet on March 6, the St. Patrick's Day party on March 17, Hanover VNA's educational program on March 21 in the evening, TRIAD on March 23, hearing tests on March 28 and a movie on March 31. Senator Brady cancelled his program on March 10.
- 2) Robyn spoke about the recent passing of Board member Thelma Litchfield.
- 3) Anthony Marino described the Article that is being drafted to present at Town Meeting to change some of the town's housing restrictions. These changes would allow the building of more affordable housing, some of which might be specifically for seniors.
- 4) The senior center staff recently visited all three senior housing sites in Hanover. The needs of the senior population vary by site. The senior center will bring programs to some of the housing sites to encourage more isolated seniors to participate.
- 5) The Hanover Senior Center has two new partnerships with local resources: University Complex and the YMCA.

The meeting was adjourned at 10:30AM.

The next regular meeting will be on Monday, April 10 at 9:00AM.

Respectfully submitted,

  
Nancy Lester

cc: Hanover Council on Aging Advisory Board Members

Robyn Mitton, Hanover Elder Services Director

Town of Hanover Selectman

Anthony Marino, Hanover Assistant Town Manager and Community Services Director