

HANOVER COUNCIL ON AGING

Minutes of the Regular Advisory Board Meeting October 17, 2016

The Regular Meeting of the Hanover C.O.A. Advisory Board (Board) was held on Monday, October 17, 2016 at the Hanover Senior Center. The meeting was called to order by Donald Buckley at 9:00AM. Six members were present: Donald Buckley, Richard Farwell, Roger Leslie, Thelma Litchfield, Eleanor Kimball and Carol Mattes. Claire Flynn was absent. Additional attendees were Anthony Marino, Assistant Town Manager and Community Services Director, Robyn Mitton, Hanover Elder Services Director and Nancy Lester, administrative assistant at the Hanover Senior Center.

The minutes from the September 12, 2016 Regular Meeting were accepted.

Old business

- 1) The senior center has not been assigned a permanent custodian. There have been several different individuals who have come at different times of the day.
- 2) Robyn hired Derek Hines to put down mulch around the rock and in the back of the building as well as trimming the hedges around the grounds.
- 3) The Health Fair was very successful and had the highest attendance.

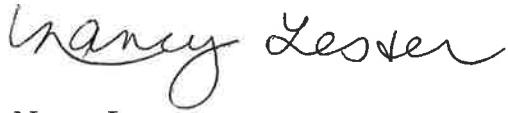
New business

- 1) Activities in the first half of October included: Art for the Mind, the Alzheimer's partnership's "What if" presentation, Hanover assessor's office and flu shots.
- 2) Second half of October program highlights include: Tea with Eleanor Roosevelt on October 17, hearing tests on October 18, flu shots on October 19 from 5-7PM, on October 21 Grand Parents Journal, free manicures from Home Instead on October 25, a new women's discussion group on October 25, a second Book Club at the senior center on October 26 and the Halloween party on October 28.
- 3) There will be a prescription drug drop-off at the senior center on Saturday, October 22 from 10AM to 1PM.
- 4) Robyn applied for and received a \$2500 grant from Wal-Mart to be used for healthy meals and nutrition education.
- 5) Robyn and Nancy Lester will start a "Silver Lives Matter" effort in 2017. The goal is to identify seniors' needs in all aspects of their lives, to give seniors the opportunity to voice their concerns and to work together to facilitate change.
- 6) Anthony Marino contacted Cheryl Bryan, the consultant who worked with the James Curtis Library on their strategic plan. She will attend the Board meeting in November.

The meeting was adjourned at 10:00AM.

The next regular meeting will be on Monday, November 14 at 9:00AM.

Respectfully submitted,

A handwritten signature in cursive script that reads "Nancy Lester". The signature is written in black ink and is positioned above the printed name.

Nancy Lester

cc: Hanover Council on Aging Advisory Board Members

Robyn Mitton, Hanover Elder Services Director

Town of Hanover Selectman

Anthony Marino, Hanover Assistant Town Manager and Community Services Director