

Kraft Family Blood Donor Center



DANA-FARBER
CANCER INSTITUTE



BRIGHAM AND
WOMEN'S HOSPITAL

PREPARING TO DONATE BLOOD

Day of Donation

- Photo ID REQUIRED.
- Drink extra water the day before and of donation.
- Eat your regular meals and eat before donating.

General Information

- **Health:** Be in good general health and feel well the day of donation.
- **Weight:** At least 110 pounds.
- **Age:** At least 17 years of age.

Among Other Requirements

- **Antibiotics:** Be 72 hours free AND 72 hours symptom free.
- **Dental Work:** Be 48 hours free of completed procedures – includes cleanings. Please contact the blood donor center with questions or if work on a specific procedure is ongoing.
- **Medications or Medical Conditions:** Please contact the blood donor center.
- **Travel Outside USA:** If within 12 months, please contact the blood donor center with detailed dates and locations.
- **Living Outside USA:** If lived for 5 years or more, please contact the donor center with detailed dates and locations.
- **Tattoos:** Must be over 12 months old.
- **Body Piercings** (includes ears): OK if piercing was done by a professional.

DO YOU HAVE ELIGIBILITY QUESTIONS?

Please contact us at BloodDonor@partners.org or call 617-632-3206.

Thank you for your support!