Need help buying groceries? SNAP can help!



SNAP can help you buy healthy food.

- It is fast & easy to apply
- Buy food in stores & online (multiple retailers)
- SNAP is not considered in a "public charge" test
- If you are not a US citizen or eligible immigrant, it is safe for you to get SNAP for an eligible family member (like your US citizen child)

Am I Eligible for SNAP?

Household Size	Your Monthly Income (before taxes)*	Monthly Maximum SNAP Amount*
1	\$2,430	\$291
2	\$3,287	\$535
3	\$4,143	\$766
4	\$5,000	\$973
5	\$5,857	\$1,155
8+	+ \$857	+\$219

*Effective 2/1/2023

*Effective 10/1/2023

For more information or to apply for SNAP:

Hanover Council on Aging 781-924-1319 665 Center St. Hanover, MA. 02339

DTA's SNAP Outreach Program is a partnership between DTA, UMass Chan Medical School and community organizations to help households apply for and receive SNAP.



This institution is an equal opportunity provider.