

HANOVER COUNCIL ON AGING

Minutes of the Regular COA Board Meeting, April 8, 2019

The Regular Meeting of the Hanover C.O.A. Advisory Board was held on Monday April 8, 2019, at the Hanover Senior Center. The meeting was called to order by Co-Chairman Les Molyneaux at 9:03 AM. One member was absent Dick Farwell. Present were Les Molyneaux, Carol Mattes, Ellie Kimball, Claire Flynn, Don Buckley & Roger Leslie. Additional attendee were Director Tammy Murray, Selectman John Tuzik, Staff – Nancy Lester, Jen Dunn and Katie O'Brien .

The minutes from the March 11, 2019 regular meeting were accepted.

Secretary Carol Mattes read a letter sent by John Thomson concerning the requirement that he had to execute a general consent, release and indemnity agreement. This agreement is something that many participants at the Senior Center sign when they participate in exercise programs. The town's insurance company recommended that we needed to implement this throughout the town. The town is reviewing the town-wide policy and at this time no one will be denied participation for not signing the agreement.

Tammy Murray shared her Director's Report from March 9th through April 5th, Statistics FY 2019, Expenditures 2019. She shared on her Directors report that for the 2021 budget she wants to be sure the case has been made to substantiate the need for a part-time chef for daily light nutritious lunches or special dinners. 15-19 hours per week. While in this discussion there was the ongoing discussion relating to the steam table removal in the kitchen being replaced by a stainless steel working kitchen working area. There was a short discussion on the disposition of the steam table when it is removed - potentially sell it or store it. Facilities is working with Tammy on the steam table project.

Tammy continued in her Director's report that they are continuing to balance room usage. The facility is very full daily. The evening exercise classes have been well attended. No cost seems to be a strong driver. We received a grant from Harvard Pilgrim for \$500 and this will be applied to the free exercise offering in the evening.

Tammy shared that she attended a Strategic Planning class in the course she is taking for certification for the Center. Part of the certification is level of board participation. Carol Mattes, Les Molyneaux and Ellie Kimball volunteered to review the current strategic and come back with recommendation for the board review.

Tammy is working on an AARP grant opportunity in collaboration with Hanover's CDMI Department and Fire Department. This grant could provide seniors with a keybox outside their home, so their door won't need to be broken down to gain entry during an emergency.

IT is slowly working on updates to the website to fit new structure. The website is still under construction and review.

Tammy shared that the staff continues to attend trainings appropriate for their positions. On May 15th there is a training regarding setting boundaries when working with a senior community.

The town will be using Newcomb Hall on Sunday, April 28 for the Spirit of Hanover award luncheon. Congratulations to Les Molyneaux this year's recipient.

Programs - Katie shared some new programming that will begin in May.

Silver Sneaker Exercise Program sponsored by Blue Cross/Blue Shield. The purpose is to keep you flexible.

Tammy shared that the Friends are covering the cost of more programs. Continuing with discussion on the Friends the research is complete and the Friends have a 501C3 active status.

We were all reminded that May is Spring Cleaning Month. On Saturday, May 18th we will have shred truck at the Center so the community can shred un-needed papers.

The Volunteer Luncheon will be held on Friday, April 12th at 12:30. The menu will include none meat items for guests who are observing abstinence of meat during Lent. All board members agreed to help serve at the luncheon.

David Traggorth will be doing a comprehensive presentation on Friday, April 12th at 11 AM to go over his companies Sylvester School Redevelopment project.

Message from the Selectmen's office – Our liaison John Tuzik had no specific comments, but was happy to attend the meeting to be sure he is current on activities and any issues facing the Center. He was asked what were the key areas the town is focusing on and he shared – Housing, Economic Development and Water Treatment.

Board Open Comments

At our March meeting Les shared that he and Kenton Green were trying to put together a brown bag lunch discussions group about Hanover. The first program will be held on 5/24 at 1 PM they will be discussing "Eating Out Along Route 53."

The meeting adjourned at 10:08 A.M.

The next regular meeting will be on Monday, May 13, 2019 at 9:00 AM.

Respectfully submitted,

Carol Mattes

Carol Mattes
Secretary

CC: Hanover Council on Aging Advisory Board Members
Tammy Murray, Hanover Elder Services Director